TREAT THE ROOT CAUSE OF YOUR PAIN

Relief from leg and back pain with the Vertiflex™ Procedure™

Pain Solutions: Vertiflex Procedure

Superion™ Indirect Decompression System
Explore a Minimally Invasive, Long-Term Solution That Treats the Root Cause of Your Pain

When simple, everyday activities become a burden, you may feel that pain has taken control of your life. The Vertiflex™ Procedure† from Boston Scientific may help you find long-term relief.

Your leg and back pain might be the result of a condition called lumbar spinal stenosis (LSS), which can develop from normal wear and tear on your spine as you age.
“I felt a lot better, so I could go out and about and do things around the house. My leg pain from the stenosis is much better.”

- Vertiflex™ Procedure Patient
Take the Quiz

1. Do you feel pain or discomfort when walking or standing?
2. Do you find relief when you lean on something, bend forward, or sit down?
3. Would you like to get back to enjoying your everyday activities without the burden of pain or discomfort?

If you answered **YES** to any of the questions above, you’re in the right place. Read more to learn about LSS and a treatment option that is clinically proven to reduce or eliminate leg and back pain.
What is LSS?

Lumbar spinal stenosis (LSS) is a degenerative condition of the spine that affects more than 14 million Americans.\(^1\) The condition develops gradually over time and is common in adults age 60 or older.

The most common cause of LSS is tissue or bone thickening in the spine over time due to normal wear-and-tear as you age. This results in a narrowing in the space in the lumbar (or lower) spine where the nerves pass through. The narrowed space pinches the nerves and can cause pain or discomfort in the back, legs or feet.

**Symptoms of LSS may include:**

- Pain or discomfort while walking or standing
- Numbness or “tingling” feeling in the legs, buttocks, or feet
- Weakness in the legs
- Loss of balance
- Aching, dull back pain spreading to your legs
- Decreased endurance during physical activities
- Tendency to sit or lean forward to relieve pain
Common Symptoms

PINCHED NERVE ROOTS
Pain or discomfort while standing or walking is caused by the narrowing of the spinal canal and results in pinched nerve roots.

RELIEF FROM PINCHED NERVE ROOTS
Temporary relief is experienced when sitting, bending, or leaning forward, which helps to take pressure off the pinched nerve roots.
The Vertiflex™ Procedure† Treats the Root Cause of LSS Pain

The Vertiflex Procedure is a minimally invasive outpatient procedure that is clinically proven to provide long-term relief.

The procedure uses a small device placed in the spine targeting the root cause of your pain. The device is designed to provide necessary relief on the nerves when you stand and walk by keeping the space in the spine open, which may reduce or eliminate the pain or discomfort in the back and legs.

- Same-day outpatient procedure
- No general anesthesia required
- Small incision (1-3 stitches or staples)
- Quick recovery time
- Designed with patient safety and comfort in mind

The Vertiflex Procedure may not be right for everyone, as any treatment has associated risks. Ask your doctor if the Vertiflex Procedure is right for you.
“I am back to walking, standing, and being able to move without the pain. I feel like this is a great procedure!”

- Vertiflex Procedure† Patient
Benefits to the The Vertiflex™ Procedure†

The Vertiflex Procedure is a minimally invasive outpatient procedure that is clinically proven to provide long-term relief.

- FDA approved
- 85% reduction in opioid dependence\(^2,*\)
- Over 20,000 patients treated since FDA approval
- 90% patient satisfaction\(^3,*\)
Patient Stories

Hear how the Vertiflex™ Procedure† has helped patients find relief from LSS pain.

“My leg doesn’t bother me anymore. That’s what I’m really happy about.”

SHIRLEY, 73

“Six weeks after the procedure, I did a six-mile walk. That was my success right there.”

JEFF, 65

“I feel 75 years young now and can’t wait to get back to my exercise classes and see my friends.”

GLORIA, 75

The patient quotes in this brochure describe real personal experiences. Individual results may vary. Patients can experience different levels of pain management and different changes in their activities and use of medications. Consult with your physician to determine if you are a candidate for the Vertiflex Procedure and what you may gain from the therapy.
You can request to speak to a Patient Ambassador who has found relief with Vertiflex Procedure. Patient Ambassadors are volunteers who share their own experience suffering from LSS and their journey in finding a solution. They are available to help answer your questions about their experience with the Vertiflex Procedure.

Request a Patient Ambassador by visiting www.Pain.com/VFAmbassador and fill out the request form.

Patient Ambassadors do not provide medical advice, suggest any doctors, or provide information about the product. They share their own journey and help answer your questions as best they can based on their experience.
Frequently Asked Questions

All patients have different needs. You should always follow your treating physician’s instructions.

Will my pain be relieved immediately?
Some people find immediate relief; however, there can be soreness at the incision site as well as soreness in the back. It is recommended to allow at least 6 weeks to heal.

Does this procedure require hospital overnight stay?
No, this is done in an outpatient setting, which means you can go home the same day of the procedure. We recommend having someone accompany you after the procedure.

What is the recovery time?
After walking out of the outpatient center day of the procedure, limit strenuous activity for at least 6 weeks. Light walking is usually recommended.

Is the procedure covered by Medicare?
Yes, Medicare covers this procedure in the U.S.

Will I be able to get an MRI, X-ray or other image scans?
The Vertiflex™ Procedure device is compatible with most imaging scans. You will be provided a medical device card in your post-procedure care packet. Please consult with your doctor prior to any image scan.

Have a question that isn’t listed? Explore the resources available to you in this brochure.
We provide a variety of patient resources to help find the best solution for YOU.

Learn more by speaking directly to a Boston Scientific representative. Request a call through one of the options below.

**OPTION 1**
Fill out the CARE card attached to this brochure. Tear it off and seal it with the pre-made adhesive. Drop it in your mailbox.

**OPTION 2**
Visit www.Pain.com/LSSQuiz, fill out the questionnaire, and enter your contact information.

Please allow up to 1 week for a Boston Scientific representative to contact you.
Learn more about lumbar spinal stenosis at Pain.com/VF and ask your doctor if the Vertiflex™ Procedure† can help relieve your leg and back pain.

References:

1. Navigant Consulting Analysis, 2018

† Superion™ Indirect Decompression System
* Among survey responders

Results from clinical studies are not predictive of results in other studies. Results in other studies may vary.

**Indications for Use:** The Superion™ Indirect Decompression System (IDS) is indicated to treat skeletally mature patients suffering from pain, numbness, and/or cramping in the legs (neurogenic intermittent claudication) secondary to a diagnosis of moderate degenerative lumbar spinal stenosis, with or without Grade 1 spondylolisthesis, having radiographic evidence of thickened ligamentum flavum, narrowed lateral recess, and/or central canal or foraminal narrowing. The Superion™ Interspinous Spacer is indicated for those patients with impaired physical function who experience relief in flexion from symptoms of leg/buttock/groin pain, with or without back pain, who have undergone at least 6 months of non-operative treatment. The Superion Interspinous Spacer may be implanted at one or two adjacent lumbar levels in patients in whom treatment is indicated at no more than two levels, from L1 to L5. Contraindications, warnings, precautions, side effects. The Superion Indirect Decompression System (IDS) is contraindicated for patients who: have spinal anatomy that prevent implantation of the device or cause the device to be unstable in situ (i.e., degenerative spondylolisthesis greater than grade 1), Cauda equina syndrome, or prior decompression or fusion at the index level, scoliosis or spinous process fractures, osteoporosis, infection, allergy or reaction to any metal or implant or a high Body Mass Index. Avoid strenuous activity for 6 weeks after surgery, contact your physician if there is fluid leaking from your incision, if you have pain, swelling or numbness in your legs or buttocks or if you fall. Refer to the Instructions for Use provided on www.vertiflex.com for additional Indications for Use, contraindications information and potential adverse effects, warnings, and precautions prior to using this product.

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

All trademarks are the property of their respective owners.
CARE for Your Spinal Stenosis
Communicate | Advocate | Relate | Educate

Fill in the form and drop it in the mail to be contacted by a Boston Scientific representative.

PHYSICIAN INFORMATION

Primary Care or Pain Management Doctor

City, State, Zip

PATIENT INFORMATION

I would like more information about the Vertiflex™ Procedure† offered by Boston Scientific. Please have a representative from the company reach me to help answer my questions about the procedure.

Print Name

Telephone #

Email Address

Patient Signature: ____________________________ Date: ____________________________

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If you’ve been living with leg and back pain and want to explore more treatment options, complete this card to learn more about the Vertiflex Procedure. I hereby authorize the physician to use and disclose protected health information (PHI) from my records. I understand that PHI will be disclosed to Boston Scientific for the purposes of: 1) evaluating the right treatment, and 2) contacting me to provide education regarding Pain Management Options. I also understand that Boston Scientific representatives will keep this information confidential and will use it only for these purposes. I understand that the records to be disclosed to Boston Scientific include name, phone number, email, diagnostic information and medical history. I understand that I may revoke this authorization in writing at any time by sending or faxing notice of revocation to my Physician. This authorization will expire 5 years from the date signed unless sooner revoked. By providing my wireless phone number to Boston Scientific or its affiliated third parties, I agree and acknowledge that Boston Scientific may send text messages to my wireless phone number for any purpose, including marketing purposes. I acknowledge that this consent may be removed at my request but that until such consent is revoked, I may receive text messages. This consent is not a condition of receiving products or services from Boston Scientific.