



TAKE THE NEXT STEP IN PAIN RELIEF

Discover a minimally invasive solution to help you move on from **leg and back pain.**



Explore a Minimally Invasive, Long-Term Solution That Treats the Root Cause of Your Pain

When simple, everyday activities become a burden, you may feel that pain has taken control of your life. The Vertiflex™ Procedure† from Boston Scientific may help you find long-term relief.

Your leg and back pain might be the result of a condition called lumbar spinal stenosis (LSS), which can develop from normal wear and tear on your spine as you age.





"I felt a lot better, so I could go out and about and do things around the house. My leg pain from the stenosis is much better."

- Vertiflex Procedure Patient

Could the Vertiflex™ Procedure[†] Be Right for You?

- 1 Do you feel pain or discomfort when walking or standing?
- 2 Do you find relief when you lean on something, bend forward, or sit down?
- 3 Would you like to get back to enjoying your everyday activities without the burden of pain or discomfort?

If you answered **YES** to any of these questions, you're in the right place. Read more to learn about LSS and a treatment option that is clinically proven to reduce or eliminate leg and back pain.

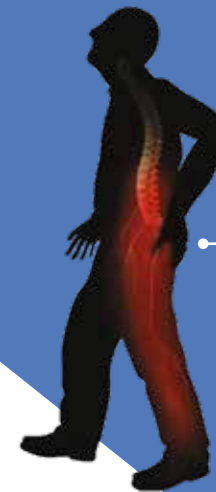
What Is LSS?

Lumbar spinal stenosis (LSS) is a degenerative condition of the spine that affects more than 14 million Americans.¹ The condition develops gradually over time and is common in adults age 60 or older.

The most common cause of LSS is tissue or bone thickening in the spine over time due to normal wear and tear as you age. This results in a narrowing in the space in the lumbar (or lower) spine where the nerves pass through. The narrowed space pinches the nerves and can cause pain or discomfort in the back, legs, or feet.

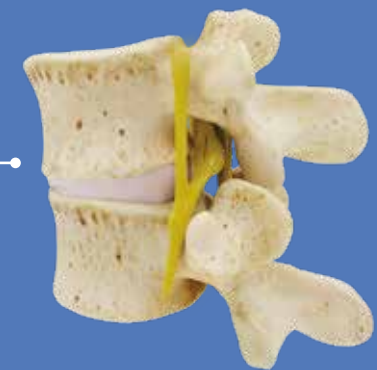
Symptoms of LSS may include:

- Pain or discomfort while walking or standing
- Numbness or “tingling” feeling in the legs, buttocks, or feet
- Weakness in the legs
- Loss of balance
- Aching, dull back pain spreading to your legs
- Decreased endurance during physical activities
- Tendency to sit or lean forward to relieve pain



PINCHED NERVE ROOTS

Narrowing of the spinal canal results in pinched nerve roots, causing you pain or discomfort when you stand or walk.



RELIEF FROM PINCHED NERVE ROOTS

You experience temporary relief when you sit, bend, or lean forward, because this helps to take pressure off the pinched nerve roots.



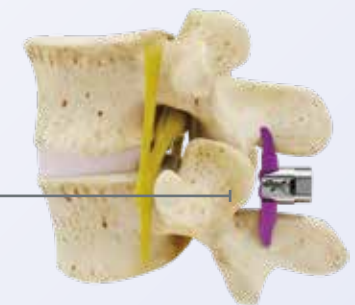


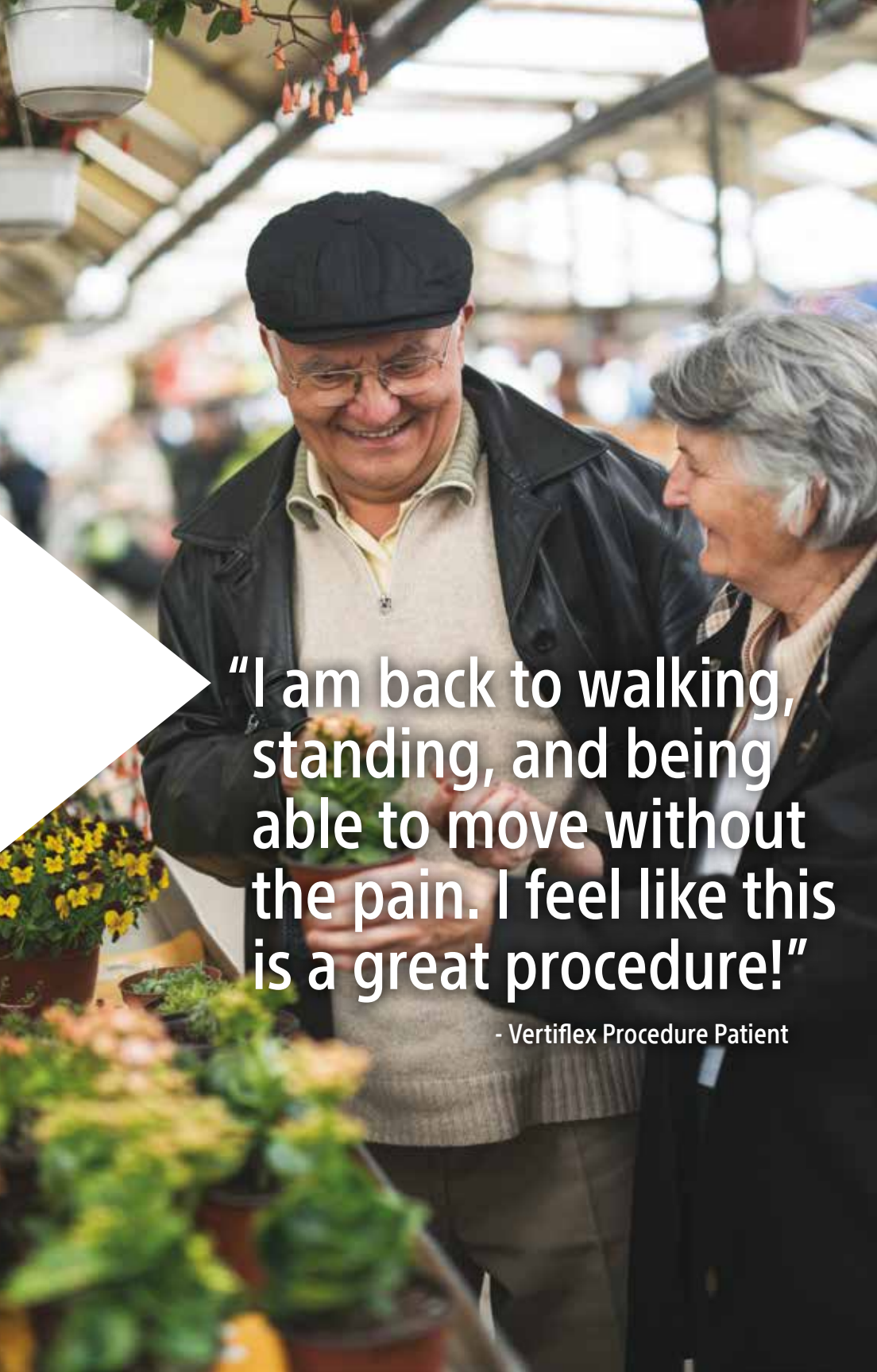
The Vertiflex™ Procedure† Treats the Root Cause of LSS Pain

The Vertiflex Procedure is a minimally invasive outpatient procedure that is clinically proven to provide long-term relief.

The procedure uses a small device placed in the spine targeting the root cause of your pain. The device is designed to provide necessary relief on the nerves when you stand and walk by keeping the space in the spine open, which may reduce or eliminate the pain or discomfort in the back and legs.

- Same-day outpatient procedure
- No general anesthesia required
- Small incision (1-3 stitches or staples)
- Quick recovery time
- Designed with patient safety and comfort in mind





"I am back to walking, standing, and being able to move without the pain. I feel like this is a great procedure!"

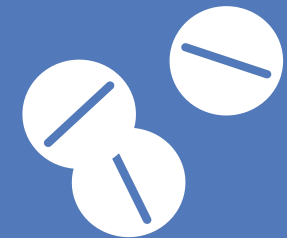
- Vertiflex Procedure Patient

Benefits of the Vertiflex™ Procedure†

The Vertiflex Procedure is a minimally invasive outpatient procedure that is clinically proven to provide long-term relief.



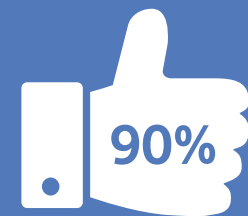
FDA approved



85% reduction in opioid dependence at five years^{2,*}



Over 20,000 patients treated since FDA approval



90% patient satisfaction at five years^{3,*}

Talk to a Patient Ambassador

Hear from a Patient Ambassador how they found relief with the Vertiflex™ Procedure†.



If you are considering the Vertiflex Procedure to help you find relief from LSS pain, you may find it helpful and reassuring to talk to a Patient Ambassador. Patient Ambassadors are volunteers who share their own experience suffering from LSS and their journey in finding a solution.

Request a call with a Patient Ambassador by visiting Pain.com/Ambassador and filling out the request form.

Patient Ambassadors do not provide medical advice, doctor recommendations, or product information. They share their own journey and help answer your questions as best they can based on their experience.

You can also watch videos of patients describing their journey to relief at Pain.com/Realstories



The Patient Ambassador Program Is Part of Cognita™ Care

From innovative digital tools to in-person support services, Cognita Care provides the resources you need to learn, connect, and thrive.



LEARN about effective, long-term pain solutions and the medical specialists who can help you find which one is right for your unique pain.

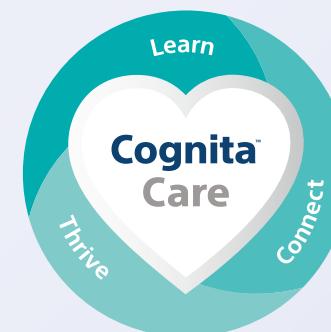


CONNECT to a caring support team who can answer your questions and provide the personalized support you want.



THRIVE with ongoing support from a care team dedicated to helping you live life with lasting relief.

Learn more at Pain.com/Care



Frequently Asked Questions

All patients have different needs. You should always follow your treating physician's instructions.



Will my pain be relieved immediately?

Some people find immediate relief; however, there can be soreness at the incision site as well as soreness in the back. It is recommended you allow at least six weeks to heal.



Does this procedure require an overnight hospital stay?

No, the procedure is done in an outpatient setting, which means you can go home the same day. We recommend having someone accompany you after the procedure.



What is the recovery time?

After leaving the outpatient center on the day of the procedure, limit strenuous activity for at least six weeks. Light walking is usually recommended.



Is the procedure covered by Medicare?

Yes, Medicare covers this procedure in the U.S.



Will I be able to get an MRI, X-ray, or other image scans?

The Vertiflex™ Procedure+ device is compatible with most imaging scans. You will be provided a medical device card in your post-procedure care packet. Please consult with your doctor prior to any image scan.

For more information, visit Pain.com/VF

Take the Next Step in Finding Your Relief

We provide a variety of resources to help you find the best solution for your personal pain.

Learn more by speaking directly to a Boston Scientific representative. There are three ways to request a call:

OPTION 1

Call to speak to a Patient Education Specialist at 877.473.0844 (Monday - Friday, 6 am to 5 pm Pacific Time).

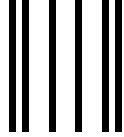
OPTION 2

Fill out the CARE card attached to this brochure and drop it in your mailbox. Postage is free. Or, if you prefer, scan this QR code with your smartphone camera to submit your request online.

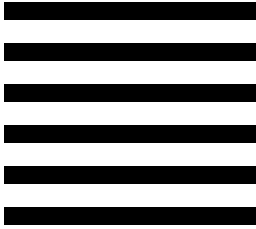


OPTION 3

Visit Pain.com/LSSQuiz, fill out the questionnaire, and enter your contact information.



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES



BUSINESS REPLY MAIL
FIRST-CLASS MAIL PERMIT NO. 377000 VALENCIA, CA

POSTAGE WILL BE PAID BY ADDRESSEE

PATIENT EDUCATION
BOSTON SCIENTIFIC
25155 RYE CANYON LOOP
VALENCIA CA 91355-9922



INTERNAL USE ONLY
Physician _____

Candidate Contacted

CARE for Your Spinal Stenosis

Communicate | Advocate | Relate | Educate

Fill in the form and drop it in the mail to have a Boston Scientific representative reach out to help answer your questions about the Vertiflex™ Procedure†.

Your Primary Care or Pain Management Doctor _____

City, State, Zip _____

Your Name (Print) _____

Your Telephone # _____

Your Email Address _____

Patient Signature: _____

Date: _____

Indications for Use: The Superior™ Indirect Decompression System (IDS) is indicated to treat skeletally mature patients suffering from pain, numbness, and/or cramping in the legs (neurogenic intermittent claudication) secondary to a diagnosis of moderate degenerative lumbar spinal stenosis, with or without Grade 1 spondylolisthesis, having radiographic evidence of thickened ligamentum flavum, narrowed lateral recess, and/or central canal or foraminal narrowing. The Superior™ Interspinous Spacer is indicated for those patients with impaired physical function who experience relief in flexion from symptoms of leg/buttock/groin pain, with or without back pain, who have undergone at least 6 months of non-operative treatment. The Superior Interspinous Spacer may be implanted at one or two adjacent lumbar levels in patients in whom treatment is indicated at no more than two levels, from L1 to L5. Contraindications, warnings, precautions, side effects. The Superior Indirect Decompression System (IDS) is contraindicated for patients who: have spinal anatomy that prevent implantation of the device or cause the device to be unstable in situ (i.e., degenerative spondylolisthesis greater than grade 1), Cauda equina syndrome, or prior decompression or fusion at the index level, scoliosis or spinous process fractures, osteoporosis, infection, allergy or reaction to any metal or implant or a high Body Mass Index. Avoid strenuous activity for 6 weeks after surgery, contact your physician if there is fluid leaking from your incision, if you have pain, swelling or numbness in your legs or buttocks or if you fall. Refer to the Instructions for Use provided on www.vertiflex.com for additional Indications for Use, contraindications information and potential adverse effects, warnings, and precautions prior to using this product. Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

INTERNAL USE ONLY Patient ID: _____

**VERTIFLEX™
PROCEDURE**
Superior Indirect Decompression System



If you've been living with leg and back pain and want to explore more treatment options, complete this card to learn more about the Vertiflex Procedure.

I hereby authorize the physician to use and disclose protected health information (PHI) from my records. I understand that PHI will be disclosed to Boston Scientific for the purposes of: 1) evaluating the right treatment, and 2) contacting me to provide education regarding Pain Management Options. I also understand that Boston Scientific representatives will keep this information confidential and will use it only for these purposes. I understand that the records to be disclosed to Boston Scientific include name, phone number, email, diagnostic information and medical history. I understand that I may revoke this authorization in writing at any time by sending or faxing notice of revocation to my physician. This authorization will expire 5 years from the date signed unless sooner revoked. By providing my wireless phone number to Boston Scientific or its affiliated third parties, I agree and acknowledge that Boston Scientific may send text messages to my wireless phone number for any purpose including marketing purposes. If applicable, include language that messaging is automated. I agree that these text messages may be regarding the products and/or services that I have previously purchased and products and/or services that Boston Scientific may market to me. I acknowledge that this consent may be removed at my request but that such consent is revoked. I may receive text messages. This consent is not a condition of receiving products or services from Boston Scientific.

Learn more about lumbar spinal stenosis at [Pain.com/VF](https://www.pain.com/VF) and ask your doctor if the Vertiflex™ Procedure† can help relieve your leg and back pain.



References:

1. Navigant Consulting Analysis, 2018.
2. Nunley PD, et al. Interspinous process decompression is associated with a reduction in opioid analgesia in patients with lumbar spinal stenosis. *J Pain Res.* 2018 Nov 20;11:2943-2948 (N=107).
3. Nunley PD, et al. Five-year durability of stand-alone interspinous process decompression for lumbar spinal stenosis. *Clinical Interventions in Aging.* 2017 Sep 6;12:1409-1417 (N=88).

† Superior™ Indirect Decompression System
* Among survey responders

Results from clinical studies are not predictive of results in other studies. Results in other studies may vary. Results from case studies are not necessarily predictive of results in other cases. Results in other cases may vary.

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Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

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**Boston
Scientific**
Advancing science for life™

25155 Rye Canyon Loop
Valencia, CA 91355 USA

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