

Boston
Scientific

Advancing science for life™

Make Space for Life

Relief from leg and back pain
with the Vertiflex® Procedure†



†Superior® Indirect Decompression System



Get Relief from Your Pain

When simple activities such as walking or standing become a burden, you may feel that pain has taken control of your life. The Vertiflex® Procedure from Boston Scientific may help you take it back.

Your leg and back pain might be the result of a condition called lumbar spinal stenosis (LSS), which can develop from normal wear and tear on your spine as you age. LSS is common in adults over the age of 60.

The Vertiflex Procedure is a safe and minimally invasive treatment for effective long-term relief from LSS pain.



What is LSS?

Lumbar spinal stenosis leads to the narrowing of the spinal canal. If left untreated, the narrowing may cause constriction of the nerves that run down the back and into the legs. This can result in pain and discomfort in your back and legs and limit your mobility.

For most people, symptoms develop gradually over time and are often made worse by walking or standing.

Symptoms of LSS may include:

- Pain while walking
- Numbness or “tingling” feeling in your legs, calves, or buttocks
- Weakness
- Loss of balance
- Aching, dull back pain spreading to your legs
- Decreased endurance during physical activities
- Tendency to sit or lean over slightly to relieve pain



A photograph of an elderly man with a white beard and glasses, wearing a maroon shirt, being embraced from behind by a smiling woman with braided hair wearing an orange top. They are both looking towards the left of the frame.

How is the Vertiflex Procedure Different?

The Vertiflex® Procedure using the Superior® Indirect Decompression System is safe and FDA-approved. It is clinically proven to provide effective long-term relief. It supports your existing anatomy and is completely reversible.

The Vertiflex Procedure was developed to provide patients with a minimally invasive alternative when conservative treatment has failed and other options may be perceived as too aggressive.

"I felt a lot better, so I could go out and about and do things around the house. My leg pain from the stenosis is much better."

- VERTIFLEX PROCEDURE PATIENT

Results from case studies are not necessarily predictive of results in other cases. Results in other cases may vary.

How Does the Vertiflex Procedure Work?

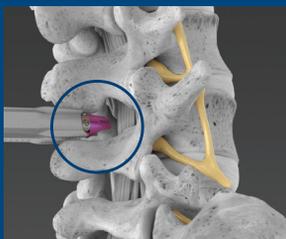
The Vertiflex® Procedure is a minimally invasive outpatient treatment.

It uses a small implant that relieves pressure on the affected nerves.

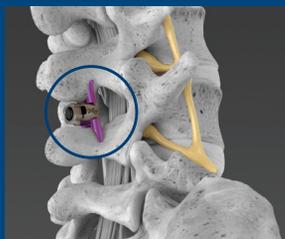
It was designed with patient safety and comfort in mind.

The implant works by supporting your existing anatomy and is reversible, leaving all treatment options available in the future.

The Vertiflex Procedure may not be right for everyone, as any treatment has associated risks. Ask your doctor if the Vertiflex Procedure is right for you.



The implant is folded so it can be placed through a small tube.



The implant arms open around the spinous process, locking it into place.



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Patients are satisfied with the Vertiflex Procedure^{†††}



What Can I Expect After the Vertiflex Procedure?

How do I care for the incision site after the procedure?

Most incision sites will have a few stitches or staples that should be kept clean and dry until the first follow-up visit, usually 7 to 14 days after having the procedure.

Are there any restrictions to activity?

For 6 weeks following your procedure, limit bending and strenuous activity, including lifting anything over 10 pounds.

All patients have different needs. You should always follow your treating physician's instructions.

"After I had the surgery, I wasn't experiencing any pain!"

- VERTIFLEX® PROCEDURE PATIENT

Results from case studies are not necessarily predictive of results in other cases. Results in other cases may vary.

Learn more about
lumbar spinal stenosis
at LivingWithLSS.com
and ask your doctor if the
Vertiflex® Procedure can help
relieve your leg and back pain.

† Superior® Indirect Decompression System

†† Among survey responders

1. Nunley PD, et al. Five-year durability of stand-alone interspinous process decompression for lumbar spinal stenosis. *Clinical Interventions in Aging*. 6 Sep 2017, Pages 1409-1417. (N=88)

Results from clinical studies are not predictive of results in other studies.

Results in other studies may vary.

Indications for use: The Superior® Indirect Decompression System (IDS) is indicated to treat skeletally mature patients suffering from pain, numbness, and/or cramping in the legs (neurogenic intermittent claudication) secondary to a diagnosis of moderate degenerative lumbar spinal stenosis with or without Grade 1 spondylolisthesis. The Superior® Interspinous Spacer is indicated for those patients with impaired physical function who experience relief in flexion from symptoms of leg/buttock/groin pain, with or without back pain, who have undergone at least 6 months of non-operative treatment. The Superior® Interspinous Spacer may be implanted at one or two adjacent lumbar levels in patients in whom treatment is indicated at no more than two levels, from L1 to L5. **Contraindications, warnings, precautions, side effects.** The Superior® Indirect Decompression System (IDS) is contraindicated for patients who: have spinal anatomy that prevent implantation of the device or cause the device to be unstable in situ (i.e., degenerative spondylolisthesis greater than grade 1), Cauda equina syndrome, or prior decompression or fusion at the index level, scoliosis or spinous process fractures, osteoporosis, infection, allergy or reaction to any metal or implant or a high Body Mass Index. Avoid strenuous activity for 6 weeks after surgery, contact your physician if there is fluid leaking from your incision, if you have pain, swelling or numbness in your legs or buttocks or if you fall. Refer to the Instructions for Use provided on www.vertiflex.com for additional Indications for Use, contraindications information and potential adverse effects, warnings, and precautions prior to using this product. Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

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NM-687214-AA