





DISCOVER THE POWER OF PERSONALIZED PAIN RELIEF

Spinal Cord Stimulation (SCS) from Boston Scientific





Chronic pain affects you in profoundly personal ways.

Work. Hobbies. Relationships. Chronic pain can steal so much of what makes you *you*.

On top of that, the treatments you have tried may not have provided the deep, lasting relief you've been looking for.*

At Boston Scientific, we offer something different.


In fact, it's different for every patient. It's a proven pain management therapy called spinal cord stimulation (SCS) that can be personalized to treat your unique pain.

And together with our dedicated, ongoing care and support, it can help you find the lasting relief you need to get back to being yourself again.

*See Indications on the back of this brochure.





A woman with short brown hair, wearing a blue long-sleeved shirt and a black and white striped apron, is smiling warmly at the camera while cooking in a kitchen. She is standing behind a counter with various kitchen items, including a green bowl with a floral pattern and a white bowl. In the foreground, a wooden cutting board holds a white egg and several red tomatoes. The background shows a tiled wall with a diamond pattern and a doorway leading to another room. A white triangle on the left side of the image contains the text.

**“My kids have just
been so excited to
see mom get back
into life again.”**

—KAREN M.

See Karen's story at [Pain.com/RealStories](https://www.pain.com/RealStories)

Boston Scientific offers you personalized pain relief and dedicated care.

Our spinal cord stimulation (SCS) is:

- Safe
- Drug-free
- FDA-approved
- Clinically proven to provide long-term relief from chronic pain

Boston Scientific's WaveWriter Alpha™ Spinal Cord Stimulator (SCS) System goes beyond other therapy options to provide personalized pain management for your unique pain. With our dedicated Cognita™ Care support services, we'll help you find a solution that best fits your needs while delivering long-lasting relief.



100K+ PEOPLE

WORLDWIDE SUCCESS

Thousands of people across the globe look to Boston Scientific's SCS therapy for long-term, drug-free, FDA-approved pain relief.

SCS works by targeting your pain signals.

You feel pain when nerves send pain signals through your spinal cord to your brain.

SCS is designed to interrupt these signals to reduce - or even stop - the pain you are feeling.



Stimulator

A small device called a stimulator is implanted under the skin.



Leads

Thin, flexible leads are connected to the stimulator and placed near specific nerves along the spinal cord.



Pulses

The stimulator sends mild pulses through the leads to the nerves.

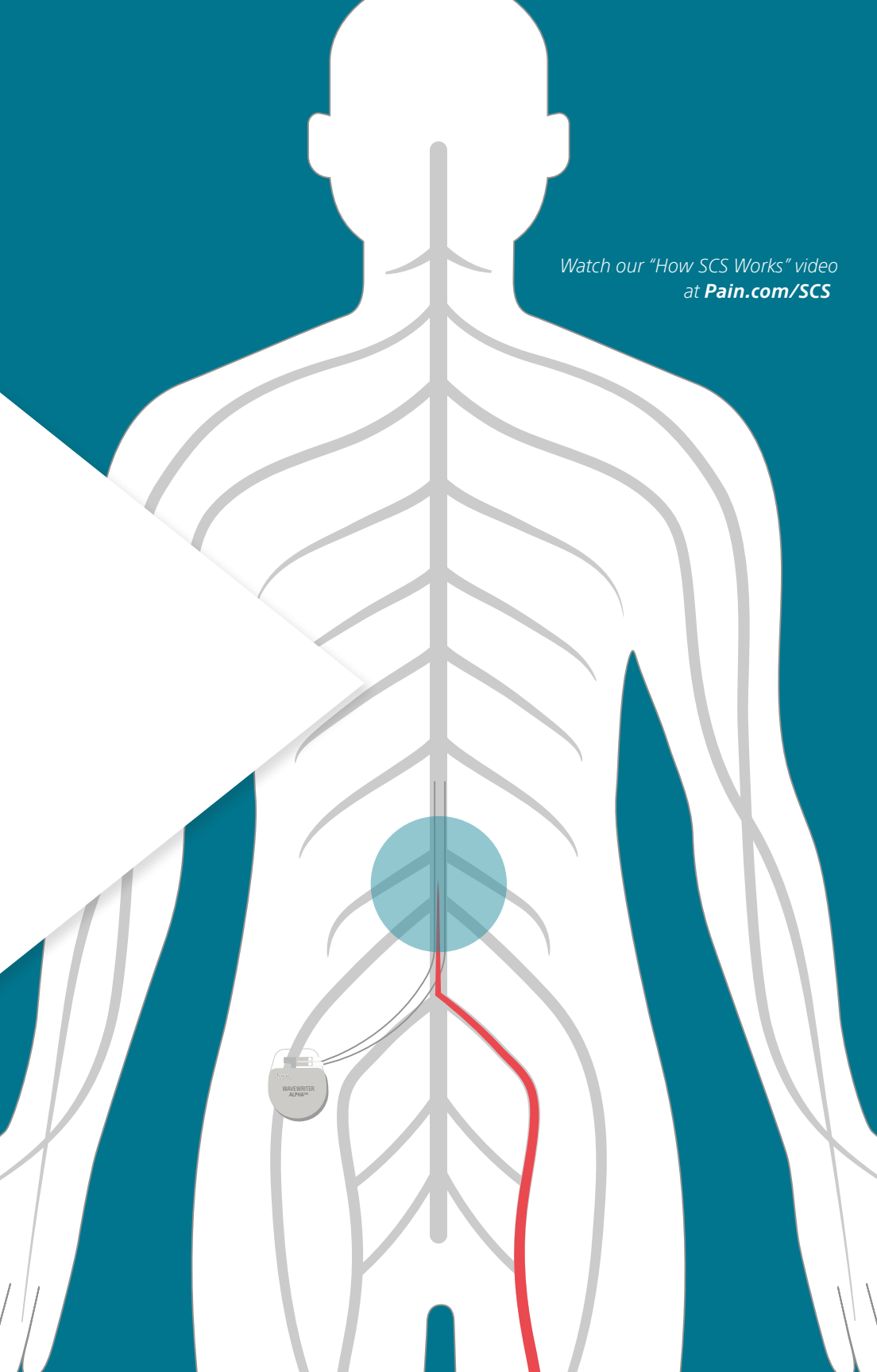



Pain

The pulses interrupt the pain signals before they reach the brain.



Watch our "How SCS Works" video
at Pain.com/SCS





"I really feel that my pain relief has been personalized to me just because of the different settings that I have with my stimulator."

—GREGORY G.

See Gregory's story at Pain.com/RealStories

Personalized therapy gives you greater relief.

There are different kinds of SCS therapies.

One type of therapy masks your pain with a tingling sensation. Another uses a type of stimulation you don't feel at all.

With Boston Scientific, you can choose the therapy that works best for you—or use both therapies at the same time.

The ability to deliver multiple therapies simultaneously* is unique to Boston Scientific SCS Systems and has been clinically proven to provide greater pain relief.¹

*Paresthesia-free stimulation has been demonstrated to be safe and effective in patients who have been treated successfully with conventional, paresthesia-inducing stimulation for at least six months.

Boston Scientific can get you back to everyday life ...

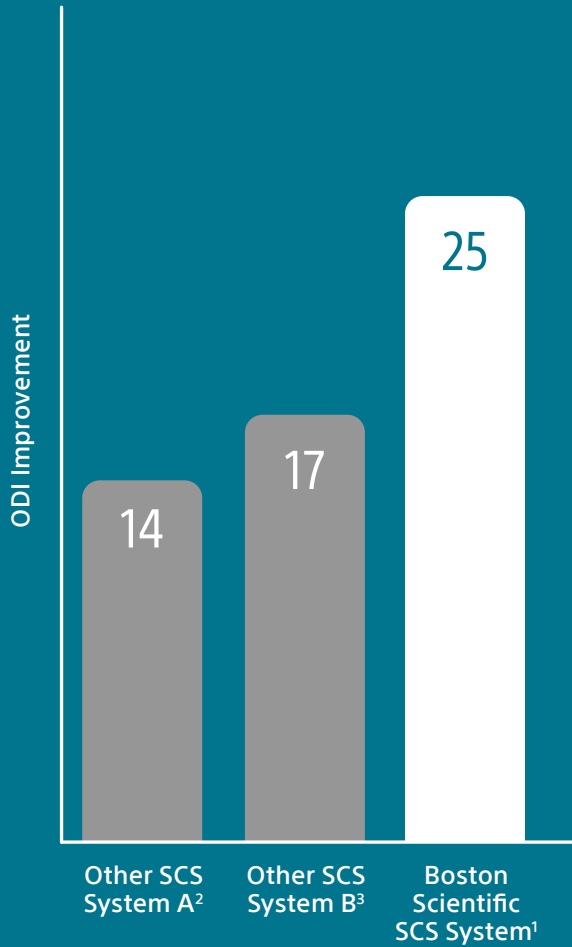
In a major clinical study, patients using Boston Scientific's SCS therapies reported a greater improvement in their ability to do everyday activities* after two years than patients reported in other studies using non-Boston Scientific SCS Systems after three months.^{1,2,3}


... with long-term relief.

Only Boston Scientific SCS Systems offer FAST™ Therapy, a feature designed to provide profound relief in minutes. A study of real-world data showed that patients who preferred FAST Therapy sustained pain relief out to two years.⁴

*As measured by the
Oswestry Disability Index.

Improved Ability to do Everyday Activities





“After the second day of my trial, we scheduled the implant. My success was that phenomenal.”

—MARY M.

See Mary's story at [Pain.com/RealStories](https://www.Pain.com/RealStories)

You can test drive SCS first to see if it's right for you.

Before committing to SCS therapy, you get to evaluate it first with a temporary trial system.

The trial process:

- 1 Your doctor places the leads with a simple procedure similar to an epidural injection.
- 2 The leads are connected to an external trial stimulator that's usually worn on your waist.
- 3 For about the next 3-7 days, you can test drive the benefits of SCS. Using Boston Scientific's innovative mySCS™ App, you can set personal goals, track your daily progress, and connect with your Care Team.



90+% SUCCESS

SUCCESSFUL TRIALS

More than 90% of Boston Scientific SCS trial participants reported a successful experience and opted to get the permanent implant.⁵

A close-up photograph of a man and a young boy with curly hair. The man is on the left, wearing a grey jacket over an orange shirt, and is smiling broadly, looking towards the boy. The boy is on the right, wearing a blue jacket, and is also smiling, looking back at the man. They are outdoors, with trees in the background. A white triangular graphic element is on the left side of the image, partially overlapping the text.

"People sometimes
are looking for a magic
pill...SCS is the closest
thing I have found to a
magic switch."

—CHRIS B.


See Chris's story at [Pain.com/RealStories](https://www.pain.com/RealStories)

After a successful trial, you can move on to the implant.

During the implant procedure, the stimulator is placed under your skin, usually in your lower back or buttock area.

The procedure is reversible and much less invasive than traditional back surgeries.

Generally, patients experience significant results and only minor discomfort after the implant procedure. Your doctor and dedicated Boston Scientific Clinical Specialist will then work closely together to program the system, targeting your pain with the therapy that works best for you.

A man and a woman are sitting on a wooden pier by the water. The man is on the left, wearing a blue long-sleeved shirt and dark shorts, leaning against a wooden post. The woman is on the right, wearing a pink long-sleeved shirt and dark shorts, also leaning against a wooden post. They are both smiling and looking at each other. The background shows a body of water and a clear sky.

"The pain in my left foot is much worse than my right. [With my] Boston Scientific stimulator...I can have more stimulation in my left foot."

-NEIL D.

See Neil's story at [Pain.com/RealStories](https://www.Pain.com/RealStories)

You take control of your relief.

Your SCS System includes a wireless remote control that lets you easily adjust your therapy.

Your doctor and your Boston Scientific Clinical Specialist will show you how to use it.

You'll be able to turn therapies on and off, increase and decrease the level of stimulation, and target different pain areas using settings or programs customized by your doctor specifically for you.



recommend

PATIENT SATISFACTION

9 out of 10 Boston Scientific SCS patients said they were satisfied with their therapy and 95% would recommend it to others.⁵

We're here to support you — every step of the way.

Pain is dynamic. It changes over time. The key to finding lasting relief is combining personalized therapy with ongoing, dedicated care and support.

That's why, in addition to SCS therapy, Boston Scientific also provides Cognita™ Care, a range of innovative tools and personalized support services to help you learn, connect, and thrive.



Learn more about your therapy options — how they work and what to expect



Connect with specialists who will help you every step of the way



Thrive with dedicated, ongoing care and support to help you maintain lasting pain relief

Find out more about the dedicated care you can expect to experience before, during, and after your procedure. **Visit [Pain.com/Care](https://www.bostonscientific.com/Care)**





Frequently Asked Questions



Is SCS covered by insurance?

Yes, SCS is covered by most health insurance plans, including Medicare, commercial payers, and most workers' compensation programs. Your doctor and their office staff will provide your insurance company with the necessary documentation needed to complete preauthorization.



Can I get an MRI with a stimulator?

Yes, the Boston Scientific WaveWriter Alpha™ SCS System allows for full-body MRIs and a range of other imaging procedures, including x-rays, CT scans, PET scans, and ultrasounds.



Is the procedure reversible?

Yes, both the trial system and the implant are reversible.



Will I need to recharge my stimulator?

The WaveWriter Alpha SCS System is available with either a rechargeable or non-rechargeable stimulator.

Your doctor will help you choose the best option for you. If you have a rechargeable stimulator, you decide on a recharging schedule that best fits your needs. Charging the device is a simple process. You can do it while reading, watching TV, or even walking around the block.



Can I use SCS while driving?

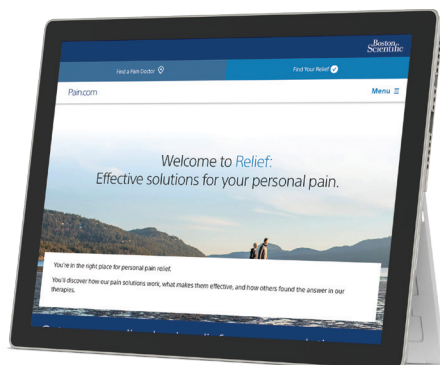
Yes, the Boston Scientific WaveWriter Alpha SCS System includes therapy options you can use while driving.



Can I use SCS while I sleep?

Yes, you can use the Boston Scientific WaveWriter Alpha SCS System while you sleep.

Find more answers and information at Pain.com



Here's how you can learn more about SCS from Boston Scientific.



Talk to your pain management physician.



Visit [Pain.com](https://www.pain.com).



Talk to a Boston Scientific Patient Education Specialist. Call 1.833.724.7311.



Fill in and mail the CARE card attached to the back cover. Postage is free.



Talk to a volunteer Patient Ambassador about their experience finding relief with SCS. Visit [Pain.com/Ambassador](https://www.pain.com/Ambassador)



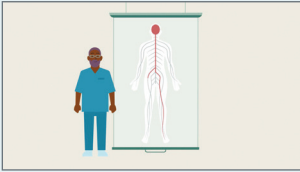
Download the mySCS™ App.
Find useful information and discover tips
for a successful trial with our free app.



Watch these videos online at Pain.com/SCS



Watch as our own Kira Trexler — a Boston Scientific Clinical Specialist, Registered Nurse, and an SCS patient herself, describes the Top 5 Things to Know About SCS.



This engaging animation explains How SCS Works and how you can find out if it may work for you.



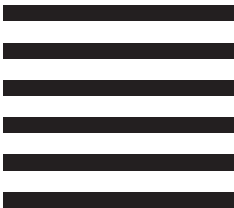
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**Boston
Scientific**

CARE for Your Chronic Pain

Communicate | Advocate | Relate | Educate

Please have a Boston Scientific representative contact me with more information and answer any questions I have about SCS.

I prefer to be contacted by () Phone () Email.

Name

Phone

Email

Please send me additional information about SCS or upcoming educational events. ()

Address

City, State, Zip

Your Pain Management
or Family Doctor

Date

I hereby authorize the physician to use and disclose protected health information (PHI) from my records. I understand that PHI will be disclosed to Boston Scientific for the purposes of: 1) evaluating the right treatment, and 2) contacting me to provide education regarding Pain Management Options. I also understand that Boston Scientific representatives will keep this information confidential and will use it only for these purposes. I understand that the records to be disclosed to Boston Scientific include name, phone number, email, diagnostic information and medical history. I understand that I may revoke this authorization in writing at any time by sending or faxing notice of revocation to my Physician. This authorization will expire 5 years from the date signed unless sooner revoked. By providing my wireless phone number to Boston Scientific or its affiliated third parties, I agree and acknowledge that Boston Scientific may send text messages to my wireless phone number for any purpose, including marketing purposes. [If applicable, include language that messaging is automated.] I agree that these text messages may be regarding the products and/ or services that I have previously purchased and products and/or services that Boston Scientific may market to me. I acknowledge that this consent may be removed at my request but that until such consent is revoked, I may receive text messages. This consent is not a condition of receiving products or services from Boston Scientific.

Learn more about SCS from Boston Scientific at Pain.com and make an appointment to talk to your doctor.

The patient quotes in this brochure describe real personal experiences. Individual results may vary. Patients can experience different levels of pain management and different changes in their activities and use of medications. Consult with your physician to determine if you are a candidate for SCS therapy and what you may gain from the therapy. Results from different clinical investigations are not directly comparable. Information provided for educational purposes only.

References:

- Wallace MS, North JM, Phillips GM, Calodney AK, Scowcroft JA, Popat-Lewis BU, Lee JM, Washabaugh EP 3rd, Paez J, Bolash RB, Noles J, Atallah J, Shah B, Ahadian FM, Trainor DM, Chen L, Jain R. Combination therapy with simultaneous delivery of spinal cord stimulation modalities: COMBO randomized controlled trial. *Pain Manag*. 2023 Mar 3. doi: 10.2217/pmt-2022-0101. Epub ahead of print. PMID: 36866658. (N=59 at 24 months post implant).
- Deer T, et al. Success Using Neuromodulation With BURST (SUNBURST) Study: Results From a Prospective, Randomized Controlled Trial Using a Novel Burst Waveform. *Neuromodulation: Technology at the Neural Interface*. 21. 10.1111/ner.12698 (N=95 at 3 months post implant).
- Kapural, CY, et al. Novel 10-kHz High-frequency Therapy (HF10 Therapy) Is Superior to Traditional Lowfrequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain: The SENZA-RCT Randomized Controlled Trial. *Anesthesiology*. 2015; 123:851-860 (N=92 at 3 months post implant).
- Bayerl S., et al. Clinical Outcomes Using a New Fast-Acting Sub-Perception Therapy for Chronic Pain: A Multicenter European, Observational Real-World Study [Abstract]. Twenty-sixth Annual Meeting of the North American Neuromodulation Society, January 12-15th, 2023.
- Thomson SJ, Kruglov D, Duarte RV. A Spinal Cord Stimulation Service Review From a Single Center Using a Single Manufacturer Over a 7.5 Year Follow-Up Period. *Neuromodulation: Technology at the Neural Interface*. 2017;20:589-599. doi:10.1111/ner.12587 (N=321).

Indications for Use. The Boston Scientific Spinal Cord Stimulator Systems are indicated as an aid in the management of chronic intractable pain of the trunk and/or limbs including unilateral or bilateral pain associated with the following: failed back surgery syndrome, Complex Regional Pain Syndrome (CRPS) Types I and II, intractable low back pain and leg pain. Associated conditions and etiologies may be: radicular pain syndrome, radiculopathies resulting in pain secondary to failed back syndrome or herniated disc, epidural fibrosis, degenerative disc disease (herniated disc pain refractory to conservative and surgical interventions), arachnoiditis, multiple back surgeries.

Contraindications. The Spinal Cord Stimulator systems are not for patients who are unable to operate the system, have failed trial stimulation by failing to receive effective pain relief, are poor surgical candidates, or are pregnant.

Boston Scientific's ImageReady™ MRI Technology makes safe MRI head scans possible. Patients implanted with the Precision Spectra™ or Spectra WaveWriter™ Spinal Cord Stimulator Systems with ImageReady™ MRI Technology are "MR Conditional" only when exposed to the MRI environment under the specific conditions defined in the applicable ImageReady™ MRI Head Only Guidelines for Precision Spectra™ or Spectra WaveWriter™ Spinal Cord Stimulator Systems.



Boston Scientific's ImageReady™ MRI Full Body Technology makes safe MRI scans possible. The Precision Montage™ MRI, WaveWriter Alpha™ and WaveWriter Alpha™ Prime SCS Systems with ImageReady™ MRI Full Body Technology are "MR Conditional" only when exposed to the MRI environment under the specific conditions defined in the applicable ImageReady™ MRI Full Body Guidelines for Precision Montage™ MRI or WaveWriter Alpha™ and WaveWriter Alpha™ Prime Spinal Cord Stimulator Systems.



Warnings. Patients implanted with Boston Scientific Spinal Cord Stimulator Systems without ImageReady™ MRI Technology should not be exposed to Magnetic Resonance Imaging (MRI). Exposure to MRI may result in dislodgement of the stimulator or leads, heating of the stimulator, severe damage to the stimulator electronics and an uncomfortable or jolting sensation. As a Spinal Cord Stimulation patient, you should not have diathermy as either a treatment for a medical condition or as part of a surgical procedure. Strong electromagnetic fields, such as power generators or theft detection systems, can potentially turn the stimulator off, or cause uncomfortable jolting stimulation. The system should not be charged while sleeping. The Spinal Cord Stimulator system may interfere with the operation of implanted sensing stimulators such as pacemakers or implanted cardiac defibrillators. Advise your physician that you have a Spinal Cord Stimulator before going through with other implantable device therapies so that medical decisions can be made and appropriate safety measures taken. Patients using therapy that generates paresthesia should not operate motorized vehicles such as automobiles or potentially dangerous machinery and equipment with the stimulation on. Stimulation must be turned off first in such cases. For therapy that does not generate paresthesia (i.e. subperception therapy) it is less likely that sudden stimulation changes resulting in distraction could occur while having stimulation on when operating moving vehicles, machinery, and equipment. Your doctor may be able to provide additional information on the Boston Scientific Spinal Cord Stimulator systems. For complete indications for use, contraindications, warnings, precautions, and side effects, call 866.360.4747 or visit Pain.com. Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.



Use your smartphone camera to scan this QR code, or visit Pain.com

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Advancing science for life™

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